

WEEK 5

DOIN' YOU

'WHEN YOU'RE BORN INTO A
WORLD THAT YOU DON'T FIT IN,
IT'S BECAUSE YOU WERE BORN TO
HELP CREATE A NEW ONE.'

DANIELLEBRIGHT.COM



DOIN', YOU

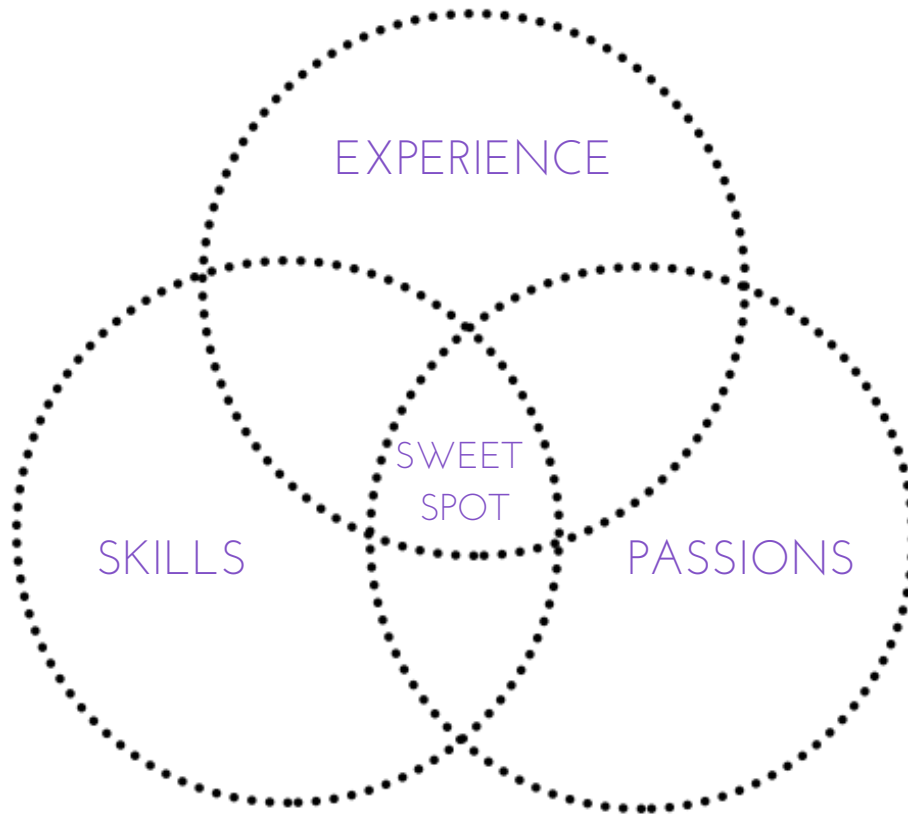
THERE'S A
UNIQUE
BLEND OF
MAGIC
THAT ONLY
YOU HAVE.

**It's the mix of your skills, experiences, perspectives,
gifts + passions.**

You're the only human on the entire planet with that exact blend. Let that sink in for a second.

So if you choose not to share that blend in some way - the world will never receive your gifts and more so, you'll stop yourself from unlocking your fullest potential + expression of the human you're here to be.

There are so many possibilities for more connection, fulfilment + opportunities just waiting for you to discover.

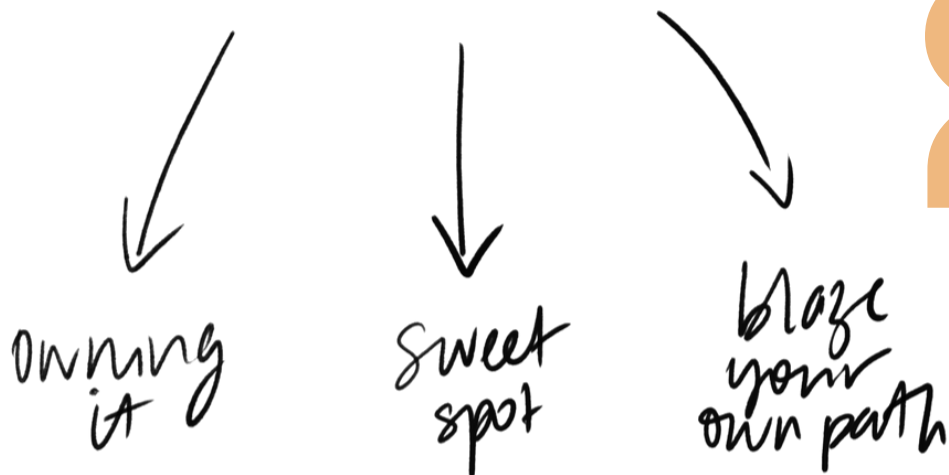


SWEET SPOT

We're going to go digging to uncover that gold within you, and find the sweet spot of where it all intersects. This is the key to unlocking more opportunities, ideas, freedom, connection + fulfilment in your life



Doin' you covers three areas



OWNING IT

- Understanding the way you operate, how you like to do things, what makes you thrive instead of trying to follow systems + processes set by others. Maybe your creative ways means trying 10 things at once before you pick a few options to commit too, perhaps jumping 100% in straight away works best.

Where and how are you trying to go against your natural states/ways?

Give yourself permission to do/be exactly who you are.

- Being willing to share who you truly are, the quirks, the weird hobbies, your secret passions, the fact that you like GOT or tarot cards. * How can you connect with your peeps on things you love, if you're not willing to first show that you love the same things in the first place? *
- No longer dimming your light, hindering your dreams or keeping yourself small just to keep others comfortable. How does this apply to you and your life?
- Embracing the things that make you unique. What quirks do you hide?
- Letting yourself go bigger, dream + achieve more for yourself because you know that there's nothing wrong with you for wanting what you want

Write down what comes up for you when you read the prompts above + how can you start to 'own' more of who you are + what you want.

What tangible action are you going to take?

DIGGING FOR GOLD

Write down all of the skills + talents you have that you ENJOY using.

le - public speaking, bookkeeping, love working with people, copy writing, singing, humour, researching, networking, organising.

(The key here is to only write down skills you enjoy using, we don't want you creating situations where you're doing more of the shit you hate)

What experiences have you had in life, in work, in relationships?

(Have you volunteered saving the whales, worked for big corporations in sustainability, nurtured kids, studied different languages, traveled, experienced great loss, hiked mountains.)



Passions / Perspectives

What gets you fired up?

What makes you mad?

What do you wish was different in the world?

What makes you come alive?

When are you most present?

What could you talk, read or learn about for hours?

What do you wish existed in the world?

What do you believe to be true deep in your core?

If you had 5 mins to tell the entire world just 1 thing, what message would you give/what would you talk about?

Does something exist that you like/enjoy but if you could just slightly change one thing about it, what would that be?

LOVE THEY SHARIN'

What do people always compliment you on?

How do people feel around you?

What do friends or family often ask your advice on?

How would the people that know you best,
describe you in 5 words.

How would people you meet randomly, traveling, at events,
or through friends describe you in 5 words.

Fast forward to your funeral when you're old and grey - what
are people saying about you at the wake? What were you
known for?

What do people say when they tell you
" oh, you should be/do/become a

" I love your perspective or way you do....."



DOIN' YOU

THE SWEET SPOT

Looking back over all of the things you've written out, where can you join some of the dots?

What skills compliment each other?

What talents fuse with what you want to change in the world?

What life experience and skills collide?

How could you use these in creative way?

(Ie - I love travel, I had lots of experiences running events, people always came to me with their problems + I'm passionate about us not having to live in a box.

Creative blend: Helping people on how to step outside the box + supporting them to have their own fulfilling travels/adventures through events, coaching + retreats)

** DON'T WORRY ABOUT HOW YOU'LL TANGIBLY MAKE IT HAPPEN JUST YET, LET'S JUST PLAY WITH CRAZY, OUTSIDE THE BOX IDEAS OF WHAT IS POSSIBLE / WHAT FEELS EXCITING, WHAT YOU'RE CAPABLE OF **



DOIN'
YOU

BLAZIN' YOUR OWN PATH

Does what you want to share already exist in some way? Do you tell yourself there's no room for you? That the world doesn't need another one of *those* ?

Yes - their may already be a million photographers out there - but none that have your exact sweet spot.

How can you fuse your flavour into what you're doing, stay in your lane and blaze your own path?

Own it. Leverage YOUR magic.

It's what separates you from the rest of the pack. It's why people will want to connect with you, work with you, buy from you, collaborate with you, travel with you.

Where in your life are you currently still playing by someone else's rules, doing things in a way that you're told you 'should' instead of what you really want + what honours the way you thrive?

How can you change this?

BLAZIN' YOUR OWN PATH

How can you take your unique blend of magic + ADD IT to your big cake?

Use it to create new opportunities for yourself that need the specific skills you have?

Is there a dream job that you can put yourself forward for?

An idea for a business that when you add your flavour to it brings something different to the world?

Volunteer opportunities?

Freelancing or a side hustle?

What will it take for you to give yourself permission to walk down a path that may be different, outside the box, unique to your friends, family + peers?

If you're being called in a different direction - it's for a reason.

WRITE YOURSELF A PERMISSION SLIP, STICK IT ON YOUR MIRROR, SET IT AS A DAILY REMINDER ON YOUR PHONE, WRITE IT IN YOUR JOURNAL.

YAY!!

YOU'RE ON YOUR WAY TO TOTALLY REVAMPING THE WAY YOU LIVE LIFE.

WHEN YOU CAN BE UNAPOLOGETIC IN WHO YOU ARE, VALUE YOUR DIFFERENCES, FUSE WHAT MAKES YOU UNIQUE INTO WAYS YOU CRATE CHANGE, MAKE MONEY OR CONNECT WITH OTHERS + STEP INTO YOUR FULL POTENTIAL, FREEDOM IS ALL YOURS.

YOU NOW HAVE:

- TANGIBLE ACTIONS TO TAKE TO HELP YOU FEEL CONFIDENT + OWN MORE OF WHO YOU ARE
- EXACT LIST CLARIFYING ALL OF YOUR SKILLS, EXPERIENCE, TALENTS + PASSIONS
- INTERSECTING SWEET SPOT OF THE MAGIC ONLY YOU CAN BRING TO THE WORLD
- SPECIFIC WAYS YOU CAN ADD YOUR OWN FLAVOUR TO THINGS
- IDEAS, OPPORTUNITIES, COLLABORATION + CONNECTION AVENUES, WAYS TO MAKE MONEY DOING SOMETHING YOU LOVE
- TOOLS TO HELP YOU BLAZE YOUR OWN PATH